



# Gracie Barra Calgary class schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Private Lessons 11:00 - 4:00 pm	Private Lessons 11:00 - 4:00 pm	Private Lessons 11:00 - 4:00 pm	Private Lessons 11:00 - 4:00 pm	Private Lessons 11:00 - 4:00 pm	
Brazilian Jiu Jitsu Fundamentals 6:00 - 7:00 pm	Kids Brazilian Jiu Jitsu 5:00 - 5:45 pm	Brazilian Jiu Jitsu Fundamentals 6:00 - 7:00 pm	Kids Brazilian Jiu Jitsu 5:30 - 6:15 pm	Brazilian Jiu Jitsu Fundamentals 6:00 - 7:00 pm	Kids Brazilian Jiu Jitsu 12:00 - 1:00 pm
Advanced Brazilian Jiu Jitsu 7:15 - 9:00 pm	Advanced Brazilian Jiu Jitsu 6:00 - 7:30 pm	Advanced Brazilian Jiu Jitsu 7:15 - 9:00 pm	Submission Grappling 6:30 - 7:45 pm	Advanced Brazilian Jiu Jitsu 7:15 - 9:00 pm	Open Mat 3:00 - 5:00 pm
	Submission Grappling 7:45 - 9:15 pm		Advanced Brazilian Jiu Jitsu 8:00 - 9:15 pm		